# TARIFF BOOKLET 2024/25





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This tariff booklet is an excerpt only, please view the full version under: www.somatheeram.<u>org</u>

All services are operated, rendered and managed by "Somatheeram Ayurvedic Hospital & Yoga Centre Pvt. Ltd."



## What is included in the package

Our "Packages" are all-inclusive carefree packages that include everything you need for your Ayurveda treatment. They cover the cost of doctor's consultations, treatments as part of the treatment plan, medication, Ayurvedic full board, yoga and meditation as well as accommodation. Airport transfers to and from Trivandrum are included for stays of 7 days or more. For stays of 14 days or more, an excursion to the Backwaters of Kerala is also included in the price.

If any different services apply, this will be stated clearly along with the respective package tariff.

Content of the packages may differ depending on the patients health condition.

Final decision will be taken by the consulting doctor.

For more details, please visit our website.











**EXAMINATIONS CONSULTATIONS** 



TRIP\*





- Powerlessness
- Exhaustion
- Muscular tensions
- Listlessness
- · Pain in the cervical vertebrae

# Package No. 01

# Rejuvenation Package

This package is designed to relax and vitalize the body. In addition to medical steam baths, herbal medicine and soothing face masks, it also includes two highlights of Ayurvedic treatment: full-body massages (Abhyanga) and pouring of warm liquids onto the forehead (Shirodhara). Their base are warm herbal oils, which are mixed according to centuries-old recipes.

GOAL OF THE TREATMENT:

RECOVERY, VITALIZATION

REC. MINIMUM DURATION:

9 DAYS

DURATION OF TREATMENT: 90-120 MIN DAILY

### INCLUSIVE:













DAILY TREATMENTS

MEDITATION

MEDICAL **EXAMINATIONS CONSULTATIONS** 





- Exhaustion
- Muscular tensions
- Listlessness
- Digestive disorders
- Lack of appetite

- General weakness
- · Heaviness of the body

## Package No. 02

# Body Purification Package

This Ayurveda package cleanses the body and mind. Among other things, the focus is on cleansing procedures (Panchakarma), oil applications (Snehana), herbal steam baths (Swendanam), pouring of warm oils onto the forehead (Shirodhara) and – as a climax – the royal oil bath treatment (Pizhichil). In their treatments, doctors and therapists draw on the effectiveness of traditional remedies – such as Ayurvedic oils, herbs and ghee.

GOAL OF THE TREATMENT: DETOX, BALANCE OF THE DOSHAS

REC. MINIMUM DURATION: 14-21 DAYS

DURATION OF TREATMENT: 90-120 MIN DAILY

#### INCLUSIVE:













DAILY TREATMENTS

YOGA & MEDITATION

AYURVEDIC DIET EXA

MEDICAL PHYSICAN EXAMINATIONS CONSULTATIONS

BACKWATER TRIP\*



- Stress
- Feelings of mental overload
- Nervousness
- Burnout
- Powerlessness

- Insomnia
- Anxiety disorders
- Exhaustion
- · muscular tensions
- Neck and shoulder problems

Package No. 03

# Stress Management Package

If you suffer from stress or burn-out symptoms, the Stress Management Package is the right choice. Among other things, this package includes pouring of warm oil onto the forehead (Shirodhara), herbal steam baths, mud packs as well as yoga and meditation. It is the goal to let body and soul come to rest.

GOAL OF THE TREATMENT:

STRESS RELIEF

REC. MINIMUM DURATION:
DURATION OF TREATMENT:

10-14 DAYS

160-210 MIN. DAILY

#### INCLUSIVE:













DAILY TREATMENTS YOGA & MEDITATION

AYURVEDIO DIET MEDICAL PHYSICAN EXAMINATIONS CONSULTATIONS

BACKWATEI S TRIP\*





- Overweight
- Type II diabetes
- Hypertension
- · High cholesterol values
- Joint pain during movement

- · Lipid metabolic disorder
- Digestive problems

## Package No. 04 Slimming Package

Losing weight, feeling freer and more comfortable - these are the goals of this special Ayurvedic treatment. Traditional medicinal herbs play a central role in this treatment: they unfold their effect in powder massages, oils, steam baths and medicines. Individual and varied nutrition supports the treatment.

GOAL OF THE TREATMENT:

WEIGHT REDUCTION

**REC. MINIMUM DURATION:** DURATION OF TREATMENT: 21-28 DAYS

90-120 MIN. DAILY

#### INCLUSIVE:











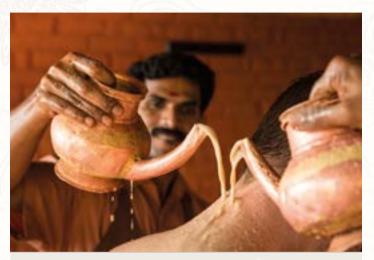


DAILY TREATMENTS

MEDITATION

MEDICAL

**EXAMINATIONS CONSULTATIONS** 



#### PARTICULARLY SUITABLE

- Frequent diseases
- Allergies
- · Weakened immune system
- · Previous exposure to toxins
- · Digestive disorders
- · Lack of exercise

## Package No. 05

# Body Immunisation Package

Getting older and still not aging: With the Body Immunisation Package we come very close to this wish. The focus is on the knowledge of the Rasayanas. These are primarily rejuvenating remedies. The treatment leads to a transformation of the body tissue (dhatus) and counteracts negative influences.

GOAL OF THE TREATMENT:

BOOSTING THE IMMUNE SYSTEM

REC. MINIMUM DURATION:
DURATION OF TREATMENT:

21-28 DAYS

90-120 MIN. DAILY

#### INCLUSIVE:













DAILY TREATMENTS

YOGA & MEDITATION

AYURVEDIC

MEDICAL PHYSICAN EXAMINATIONS CONSULTATIONS

BACKWATE





- · Blemished skin
- · Dry or oily skin
- Sensitive skin
- · Low blood flow to the skin
- Increased acne

· Milia (milk spots)

Wrinkling

# Package No. 06

# Beauty Care Package

The success of these treatments is obvious: your complexion is visibly more radiant, your skin smoother, your body firmer. The Beauty Care Package delivers on what it promises: it provides your skin with protection and beauty. This treatment pursues one goal above all else: you are to feel completely relaxed.

GOAL OF THE TREATMENT:

IMPROVEMENT OF THE COMPLEXION

REC. MINIMUM DURATION: DURATION OF TREATMENT: 14-21 DAYS

90-120 MIN. DAILY

#### INCLUSIVE:















DAILY TREATMENTS

MEDITATION

AYURVEDIC

MEDICAL **EXAMINATIONS CONSULTATIONS** 

## **General Information about housing**

## Accommodations

Traditional Indian design – and yet European level of equipment and hygiene: Somatheeram offers six different accommodation categories. All houses have en-suite bathroom, air conditioning and/or fan. The beach can be reached within five

minutes, depending on the location within the property.

#### **POPULAR RESORT AMENITIES**

- · Swimming pool with glass mosaic tiles
- · fresh vitamin loaded juices at the pool
- Beach loungers, towel service and lifeguard by the sea
- Tea stall and relaxation area with a view over the Malabar Coast
- Ayurveda pharmacy
- · Open-air stage for cultural performances
- · 24h room service
- free WiFi at the reception desk
- Airport transfer from and to Trivandrum
- Travel Desk for excursions in the region

For more details, please visit our website.





## Sidhartha Deluxe Suite

The Sidhartha Deluxe Suite is unique: a villa made from granite with a living room that captivates with its extraordinary spaciousness. The bedroom offers a fantastic view of the sea. From the terrace you can enjoy the fantastic panorama of the coast.

The special feature of the villa: an open-air bathroom. The Sidhartha Deluxe Suite is the most luxurious way to enjoy an Ayurvedic treatment.

#### **ROOM DETAILS:**

- · Sea view from all rooms
- · modern living comfort and traditional design
- · private terrace with sun loungers
- · air conditioning
- · En-suite bathroom with large shower

- · a protective mosquito net
- · Double bed (separable)
- · Ceiling fan
- · Kettle with s selection of teas
- · Natural shampoo and soap
- room safe

VIEW: PANORAMIC VIEW OVER THE MALABAR COAST

PAX: 1-3 PERSONS

BED OPTIONS: DOUBLE BED, SEPARABLE

ROOM SIZE: APPROX. 50 SQM (540 SQ. FT.)















Air conditioning

Terrace

Living room Outdoor bath

Ceiling fan En Suite bath



#### **ROOM DETAILS:**

- · Sea view from room or terrace
- modern living comfort and traditional design
- · private terrace with sun lounger
- · air conditioning
- · En-suite bathroom with large shower

- · a protective mosquito net
- · Double bed (separable)
- · Ceiling fan
- · Kettle with s selection of teas
- · Natural shampoo and soap
- · room safe

## Kerala Deluxe Suite

In former times South Indian aristocrats were living in richly decorated wooden houses, nowadays our guests enjoy their holidays in these historical buildings. Some of our Kerala Deluxe Suites are more than three centuries old. After extensive restoration they were rebuilt in the resort.

The Kerala Deluxe Suites have one bedroom and a spacious living room. The rooms are traditionally furnished and yet offer modern comfort. From your private terrace you can enjoy a wonderful view of the sea

VIEW: SEA VIEW FROM ROOM OR TERRACE

PAX: 1-3 PERSONS

BED OPTIONS: DOUBLE BED, SEPARABLE

ROOM SIZE: APPROX. 35 SQM (375 SQ. FT.)













Sea view Air conditioning

Terrace Living room

Ceiling fan

En Suite bath





· a protective mosquito net

· Kettle with s selection of teas

· Double bed (separable)

· Ceiling fan

## Deluxe Cottage

The Deluxe Cottages are distinguished by their preferred location within the resort. Sitting in the bay window or on the terrace you can enjoy a fantastic view of the sea.

Elegantly furnished, spacious and flooded with light through the bay windows, the Deluxe Cottages are our most modern accommodations. With their en-suite bathrooms, they meet the highest standards.

#### **ROOM DETAILS:**

- · Sea view from room or terrace
- · modern living comfort with great attention to detail
- · bay windows with seating space
- · private outdoor area with sun lounger · Natural shampoo and soap
- · air conditioning
- - · room safe
- · En-suite bathroom with large shower

VIEW: SEA VIEW FROM ROOM OR TERRACE

PAX: 1-2 PERSONS

BED OPTIONS: DOUBLE BED, SEPARABLE

ROOM SIZE: APPROX. 20 SQM (215 SQ. FT.)



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Sea view Air conditioning

Terrace

Ceiling fan En Suite bath



#### **ROOM DETAILS:**

- · Sea view from room or terrace
- modern living comfort and traditional design
- · private terrace with sun lounger
- · air conditioning
- · En-suite bathroom with large shower

- · a protective mosquito net
- · Double bed (separable)
- · Ceiling fan
- · Kettle with s selection of teas
- · Natural shampoo and soap
- · room safe

## Kerala Standard Unit

Guests who spend their stay in our Kerala standard houses experience a special atmosphere: the historic buildings were once the home of South Indian aristocrats. These richly decorated wooden houses have a long tradition and are partly more than three centuries old. They were extensively restored and rebuilt in the resort

The Kerala standard houses have a spacious bedroom with en-suite bathroom. Equipped with air conditioning and its own terrace, you can enjoy your stay in the traditional South Indian style.

VIEW: SEA VIEW FROM ROOM OR TERRACE

PAX: 1-2 PERSONS

BED OPTIONS: DOUBLE BED, SEPARABLE

ROOM SIZE: APPROX. 25 SQM (270 SQ. FT.)











Sea view Air conditioning

Terrace

Ceiling fan E

En Suite bath





# Special Cottage

The Special Cottages have a special charm: they are round and have a roof made from palm leaves. Their extra attraction: the sea is virtually in front of the door. Depending on the location, you can look out over the water from your room or terrace.

The round cottages are detached and have their own outdoor sitting area. The interior includes a spacious bedroom with adjoining bathroom, air conditioning and ceiling fan.

#### **ROOM DETAILS:**

- · Sea view from room or terrace
- Modern living comfort in traditional design
- · private outdoor area with sun lounger
- · air conditioning
- $\cdot$  En-suite bathroom with large shower

- · a protective mosquito net
- · Double bed (separable)
- · Ceiling fan
- · Natural shampoo and soap
- · room safe

VIEW: SEA VIEW FROM ROOM OR TERRACE

PAX: 1-2 PERSONS

BED OPTIONS: DOUBLE BED, SEPARABLE

ROOM SIZE: APPROX. 18 SQM (190 SQ. FT.)











Sea view Air conditioning

Terrace

Ceiling fan En Suite bath



#### **ROOM DETAILS:**

- · Exterior area with seating possibilities
- · En-suite bathroom with large shower
- · a protective mosquito net
- · Double bed (separable)

- · Ceiling fan
- · Natural shampoo and soap
- · room safe

# Standard Cottage

Simple and beautiful: the bungalows made of natural stone or brick are buildings typical of southern India. A bedroom with adjoining bathroom is waiting for the guests. All bungalows are equipped with ceiling fans, protective mosquito nets and mostly have welcoming bay windows. The Standard Cottages are located in the upper part of the resort. The advantage of this location is that it is ideal for guests with limited mobility. The paths to the Ayurveda clinic and the restaurant are short, there are only a few steps. Due to the closer construction, standard cottages are smaller than other room categories. With their simple, traditional design, they offer the most affordable way to enjoy an Ayurvedic treatment at the resort.

VIEW: **GARDEN** 

PAX: 1-2 PERSONS

BED OPTIONS: DOUBLE BED, SEPARABLE

ROOM SIZE: APPROX. 15 SQM (160 SQ. FT.)







Air conditioning Ceiling fan En Suite bath



## Rejuvenation Package

Price per person and room in US-Dollar

|      | Jun - Sept             | 14 Nights Package |        | Per night basis |        |
|------|------------------------|-------------------|--------|-----------------|--------|
|      | Category               | Single            | Double | Single          | Double |
| NO   | Sidhartha Deluxe Suite | 6.202             | 4.312  | 443             | 308    |
| EAS  | Kerala Deluxe Suite    | 5.390             | 3.850  | 385             | 275    |
| A SE | Deluxe Cottage         | 4.774             | 3.570  | 341             | 255    |
| E    | Kerala Standard Unit   | 4.326             | 3.206  | 309             | 229    |
| URV  | Special Cottage        | 3.682             | 2.870  | 263             | 205    |
| Α¥Ι  | Standard Cottage       | 2.646             | 2.240  | 189             | 160    |

| Oct - 19th Dec & Apr - May |                        | Oct - 19th Dec & Apr - May 14 Nights Package |        | Per night basis |        |
|----------------------------|------------------------|--|--------|-----------------|--------|
|                            | Category               | Single                                       | Double | Single          | Double |
|                            | Sidhartha Deluxe Suite | 8.344  | 5.614  | 596             | 401    |
|                            | Kerala Deluxe Suite    | 6.902  | 4.704  | 493             | 336    |
| SON                        | Deluxe Cottage         | 5.782  | 4.144  | 413             | 296    |
| EA                         | Kerala Standard Unit   | 5.180  | 3.696  | 370             | 264    |
| SH                         | Special Cottage        | 4.592  | 3.430  | 328             | 245    |
| HIG                        | Standard Cottage       | 3.346  | 2.660  | 239             | 190    |

|     | 20th Dec - Mar         | 14 Nights Package |        | Per nigl | ht basis |
|-----|------------------------|-------------------|--------|----------|----------|
|     | Category               | Single            | Double | Single   | Double   |
|     | Sidhartha Deluxe Suite | 9.618             | 6.370  | 687      | 455      |
|     | Kerala Deluxe Suite    | 8.022             | 5.446  | 573      | 389      |
| SON | Deluxe Cottage         | 6.748             | 4.760  | 482      | 340      |
| EA  | Kerala Standard Unit   | 6.062             | 4.256  | 433      | 304      |
| S X | Special Cottage        | 5.306             | 3.906  | 379      | 279      |
| PEA | Standard Cottage       | 4.018             | 3.150  | 287      | 225      |

This package includes Ayurveda treatments at a value of \$ 146.00 per day and per person.

## **Body Purification Package**

Price per person and room in US-Dollar

|      | lun - Sept 14 Nights Package |        | Per night basis |        |        |
|------|------------------------------|--------|-----------------|--------|--------|
|      | Category                     | Single | Double          | Single | Double |
| NO   | Sidhartha Deluxe Suite       | 6.202  | 4.312           | 443    | 308    |
| AS   | Kerala Deluxe Suite          | 5.390  | 3.850           | 385    | 275    |
| A SE | Deluxe Cottage               | 4.774  | 3.570           | 341    | 255    |
| ED   | Kerala Standard Unit         | 4.326  | 3.206           | 309    | 229    |
| JRV  | Special Cottage              | 3.682  | 2.870           | 263    | 205    |
| AYUR | Standard Cottage             | 2.646  | 2.240           | 189    | 160    |

|     | Oct - 19th Dec & Apr - May | 14 Nights Package |        | Per nigl | nt basis |
|-----|----------------------------|-------------------|--------|----------|----------|
|     | Category                   | Single            | Double | Single   | Double   |
|     | Sidhartha Deluxe Suite     | 8.344             | 5.614  | 596      | 401      |
|     | Kerala Deluxe Suite        | 6.902             | 4.704  | 493      | 336      |
| SON | Deluxe Cottage             | 5.782             | 4.144  | 413      | 296      |
| EA  | Kerala Standard Unit       | 5.180             | 3.696  | 370      | 264      |
| S H | Special Cottage            | 4.592             | 3.430  | 328      | 245      |
| HIG | Standard Cottage           | 3.346             | 2.660  | 239      | 190      |

|     | 20th Dec - Mar         | 14 Nights Package |        | Per nigl | ht basis |
|-----|------------------------|-------------------|--------|----------|----------|
|     | Category               | Single            | Double | Single   | Double   |
|     | Sidhartha Deluxe Suite | 9.618             | 6.370  | 687      | 455      |
|     | Kerala Deluxe Suite    | 8.022             | 5.446  | 573      | 389      |
| SON | Deluxe Cottage         | 6.748             | 4.760  | 482      | 340      |
| EA  | Kerala Standard Unit   | 6.062             | 4.256  | 433      | 304      |
| S X | Special Cottage        | 5.306             | 3.906  | 379      | 279      |
| PEA | Standard Cottage       | 4.018             | 3.150  | 287      | 225      |

This package includes Ayurveda treatments at a value of \$ 146.00 per day and per person.



## Slimming Package\*

Price per person and room in US-Dollar

|       | Jun - Sept             | un - Sept 28 Nights Package |        | Per night basis |        |
|-------|------------------------|-----------------------------|--------|-----------------|--------|
|       | Category               | Single                      | Double | Single          | Double |
| NO    | Sidhartha Deluxe Suite | 12.796                      | 9.100  | 457             | 325    |
| AS    | Kerala Deluxe Suite    | 11.144                      | 8.204  | 398             | 293    |
| A SE  | Deluxe Cottage         | 10.024                      | 7.504  | 358             | 268    |
| ED    | Kerala Standard Unit   | 9.016                       | 6.748  | 322             | 241    |
| AYURV | Special Cottage        | 7.700                       | 6.160  | 275             | 220    |
| Α¥Ι   | Standard Cottage       | 5.740                       | 4.900  | 205             | 175    |

| Oct - 19th Dec & Apr - May |                        | Oct - 19th Dec & Apr - May 28 Nights Package |        | Per night basis |        |
|----------------------------|------------------------|--|--------|-----------------|--------|
|                            | Category               | Single                                       | Double | Single          | Double |
|                            | Sidhartha Deluxe Suite | 17.108                                       | 11.704 | 611             | 418    |
|                            | Kerala Deluxe Suite    | 14.224                                       | 9.912  | 508             | 354    |
| SON                        | Deluxe Cottage         | 12.012                                       | 8.652  | 429             | 309    |
| EA                         | Kerala Standard Unit   | 10.780                                       | 7.728  | 385             | 276    |
| SH                         | Special Cottage        | 9.576  | 7.280  | 342             | 260    |
| HIG                        | Standard Cottage       | 7.084  | 5.684  | 253             | 203    |

|     | 20th Dec - Mar 28 Nights Package |        | Per night basis |        |        |
|-----|----------------------------------|--------|-----------------|--------|--------|
|     | Category                         | Single | Double          | Single | Double |
|     | Sidhartha Deluxe Suite           | 19.740 | 13.076          | 705    | 467    |
|     | Kerala Deluxe Suite              | 16.464 | 11.312          | 588    | 404    |
| SON | Deluxe Cottage                   | 14.000 | 9.996           | 500    | 357    |
| EA  | Kerala Standard Unit             | 12.572 | 8.960           | 449    | 320    |
| K S | Special Cottage                  | 11.060 | 8.260           | 395    | 295    |
| PEA | Standard Cottage                 | 8.484  | 6.720           | 303    | 240    |

This package includes Ayurveda treatments at a value of \$ 146.00 per day and per person.

\*Can only be booked for a minimum duration of 21 nights.

## Body Immunisation Package\*

Price per person and room in US-Dollar

|          | Jun - Sept 28 Nights Package |        | Per night basis |        |        |
|----------|------------------------------|--------|-----------------|--------|--------|
|          | Category                     | Single | Double          | Single | Double |
| NO<br>NO | Sidhartha Deluxe Suite       | 12.796 | 9.100           | 457    | 325    |
| EAS      | Kerala Deluxe Suite          | 11.144 | 8.204           | 398    | 293    |
| A SE     | Deluxe Cottage               | 10.024 | 7.504           | 358    | 268    |
| ED       | Kerala Standard Unit         | 9.016  | 6.748           | 322    | 241    |
| URV      | Special Cottage              | 7.700  | 6.160           | 275    | 220    |
| Α        | Standard Cottage             | 5.740  | 4.900           | 205    | 175    |

|     | Oct - 19th Dec & Apr - May | 28 Nights Package |        | Per night basis |        |  |
|-----|----------------------------|-------------------|--------|-----------------|--------|--|
|     | Category                   | Single            | Double | Single          | Double |  |
|     | Sidhartha Deluxe Suite     | 17.108            | 11.704 | 611             | 418    |  |
|     | Kerala Deluxe Suite        | 14.224            | 9.912  | 508             | 354    |  |
| SON | Deluxe Cottage             | 12.012            | 8.652  | 429             | 309    |  |
| EA  | Kerala Standard Unit       | 10.780            | 7.728  | 385             | 276    |  |
| ВН  | Special Cottage            | 9.576             | 7.280  | 342             | 260    |  |
| HIG | Standard Cottage           | 7.084             | 5.684  | 253             | 203    |  |

|        | 20th Dec - Mar         | 28 Nights | Package | Per night basis |        |  |
|--------|------------------------|-----------|---------|-----------------|--------|--|
|        | Category               | Single    | Double  | Single          | Double |  |
|        | Sidhartha Deluxe Suite | 19.740    | 13.076  | 705             | 467    |  |
|        | Kerala Deluxe Suite    | 16.464    | 11.312  | 588             | 404    |  |
| NO.    | Deluxe Cottage         | 14.000    | 9.996   | 500             | 357    |  |
| EAS    | Kerala Standard Unit   | 12.572    | 8.960   | 449             | 320    |  |
| PEAK S | Special Cottage        | 11.060    | 8.260   | 395             | 295    |  |
|        | Standard Cottage       | 8.484     | 6.720   | 303             | 240    |  |

This package includes Ayurveda treatments at a value of \$ 163.00 per day and per person.

\*Can only be booked for a minimum duration of 21 nights.



# Stress Management Package

Price per person and room in US-Dollar

| Jun - Sept |                        | 14 Nights | Package | Per night basis |        |
|------------|------------------------|-----------|---------|-----------------|--------|
|            | Category               | Single    | Double  | Single          | Double |
| NO         | Sidhartha Deluxe Suite | 7.140     | 5.236   | 510             | 374    |
| AS         | Kerala Deluxe Suite    | 6.258     | 4.802   | 447             | 343    |
| A SE       | Deluxe Cottage         | 5.628     | 4.396   | 402             | 314    |
| E          | Kerala Standard Unit   | 5.082     | 3.962   | 363             | 283    |
| URV        | Special Cottage        | 4.536     | 3.724   | 324             | 266    |
| Α¥Ι        | Standard Cottage       | 3.416     | 2.968   | 244             | 212    |

|     | Oct - 19th Dec & Apr - May | 14 Nights | 14 Nights Package |        | ht basis |
|-----|----------------------------|-----------|-------------------|--------|----------|
|     | Category                   | Single    | Double            | Single | Double   |
|     | Sidhartha Deluxe Suite     | 9.296     | 6.510             | 664    | 465      |
|     | Kerala Deluxe Suite        | 7.756     | 5.642             | 554    | 403      |
| SON | Deluxe Cottage             | 6.692     | 5.082             | 478    | 363      |
| EA  | Kerala Standard Unit       | 5.978     | 4.536             | 427    | 324      |
| SH  | Special Cottage            | 5.446     | 4.326             | 389    | 309      |
| HIG | Standard Cottage           | 4.130     | 3.430             | 295    | 245      |

|             | 20th Dec - Mar         | 14 Nights Package |        | Per night basis |        |
|-------------|------------------------|-------------------|--------|-----------------|--------|
|             | Category               | Single            | Double | Single          | Double |
|             | Sidhartha Deluxe Suite | 10.598            | 7.336  | 757             | 524    |
|             | Kerala Deluxe Suite    | 9.002             | 6.398  | 643             | 457    |
| PEAK SEASON | Deluxe Cottage         | 7.756             | 5.726  | 554             | 409    |
|             | Kerala Standard Unit   | 6.944             | 5.124  | 496             | 366    |
|             | Special Cottage        | 6.202             | 4.816  | 443             | 344    |
|             | Standard Cottage       | 4.914             | 4.004  | 351             | 286    |

This package includes Ayurveda treatments at a value of \$ 200.00 per day and per person.

## **Beauty Care Package**

Price per person and room in US-Dollar

|      | Jun - Sept             | 14 Nights Package |        | Per night basis |        |
|------|------------------------|-------------------|--------|-----------------|--------|
|      | Category               | Single            | Double | Single          | Double |
| NO   | Sidhartha Deluxe Suite | 6.860             | 5.012  | 490             | 358    |
| AS   | Kerala Deluxe Suite    | 5.950             | 4.424  | 425             | 316    |
| A SE | Deluxe Cottage         | 5.362             | 4.060  | 383             | 290    |
| B    | Kerala Standard Unit   | 4.830             | 3.682  | 345             | 263    |
| URV  | Special Cottage        | 4.284             | 3.458  | 306             | 247    |
| AYI  | Standard Cottage       | 3.206             | 2.716  | 229             | 194    |

|     | Oct - 19th Dec & Apr - May | 14 Nights Package |        | Per night basis |        |  |
|-----|----------------------------|-------------------|--------|-----------------|--------|--|
|     | Category                   | Single            | Double | Single          | Double |  |
|     | Sidhartha Deluxe Suite     | 8.946             | 6.146  | 639             | 439    |  |
|     | Kerala Deluxe Suite        | 7.392             | 5.222  | 528             | 373    |  |
| SON | Deluxe Cottage             | 6.272             | 4.676  | 448             | 334    |  |
| EA  | Kerala Standard Unit       | 5.614             | 4.172  | 401             | 298    |  |
| ВН  | Special Cottage            | 5.040             | 3.934  | 360             | 281    |  |
| HIG | Standard Cottage           | 3.808             | 3.080  | 272             | 220    |  |

|        | 20th Dec - Mar         | 14 Nights | 14 Nights Package |        | ht basis |
|--------|------------------------|-----------|-------------------|--------|----------|
|        | Category               | Single    | Double            | Single | Double   |
|        | Sidhartha Deluxe Suite | 10.220    | 6.916             | 730    | 494      |
|        | Kerala Deluxe Suite    | 8.554     | 5.964             | 611    | 426      |
| NO.    | Deluxe Cottage         | 7.322     | 5.292             | 523    | 378      |
| EAS    | Kerala Standard Unit   | 6.580     | 4.760             | 470    | 340      |
| PEAK S | Special Cottage        | 5.838     | 4.438             | 417    | 317      |
|        | Standard Cottage       | 4.550     | 3.668             | 325    | 262      |

This package includes Ayurveda treatments at a value of \$ 183.00 per day and per person.



## **Room Only Rates**

Price per person and room in US-Dollar

| Season                 | AYURVEDA | SEASON | ON HIGH SEASON |                | PEAK SEASON    |        |
|------------------------|----------|--------|----------------|----------------|----------------|--------|
|                        | Jun - S  | Sept   | Oct - 19th Do  | ec & Apr - May | 20th Dec - Mar |        |
| Category               | Single   | Double | Single         | Double         | Single         | Double |
| Sidhartha Deluxe Suite | 308      | 174    | 440            | 249            | 516            | 290    |
| Kerala Deluxe Suite    | 265      | 148    | 372            | 210            | 418            | 237    |
| Deluxe Cottage         | 222      | 125    | 294            | 166            | 329            | 186    |
| Kerala Standard Unit   | 195      | 111    | 262            | 148            | 295            | 165    |
| Special Cottage        | 155      | 91     | 218            | 122            | 247            | 142    |
| Standard Cottage       | 98       | 59     | 130            | 73             | 165            | 95     |

## **Terms & Conditions**

Validity of these rates: 01.10.2024 - 30.09.2025

Regional validity: Our tariff is offered in different currencies to minimize your exchange-rate risk.

The applicable tariff region is defined by your residence country.

Check-In: 12:00 noon Check-out: 10:00 AM

Please note that we are an ayurvedic healing retreat and serve only treatment patients.

Thus "Room only"- reservations can be confirmed in connection with a package booking only.

## **Discounts:**

## **Loyalty Discount:**

We grant repeated bookers a discount of 7% for their second to fourth stay and a discount of 10% from their fifth stay on, against the following conditions:

- a.) Proof of repeaters status to be provided by client/agency
- b.) Minimum period of stay equals 7 nights
- c.) The booking is handled through the same agency as before
- d.) Applicable on accommodation and package rates

## **Long Stay Discount:**

Any stay exceeding 28 nights entitles to a 5% discount on the room rent or package rate.

The above discount may not be combined with any special offer or other discounts unless specifically mentioned.

#### **Confirmation Policies:**

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- a.) All applicable taxes are included in the stated rates.
- b.) Please note that we are booked out up to 18 months in advance depending on the season and room category. We recommend you therefore to make your reservation at the earliest to ensure your preferred room category and travel period.
- c.) Reservations for high and peak season can only be confirmed on package basis and against advanced full payment. For other periods an advance payment of 50% is required upon confirmation and the rest payment is due eight weeks prior to arrival. Confirmation of arrivals of less than eight weeks in advance are immediately fully due.
  - Please note that your booking may be cancelled without further notice, if payments are not received on time. We are not liable if payment is refused or declined by the credit card supplier.
- d.) Changes of confirmed bookings can happen only 90 days prior to arrival only with the management reserving the right to charge 60 USD per booking change as a service charge.
- e.) "Room only"- Reservations can be confirmed in connection with a package booking only.
- f.) The management reserves the right to shift guests to a pricey equivalent or higher room category.
- g.) Any specific room request can be considered only if the enquiry is received six months prior to arrival and against full payment. Kindly note that we offer this option of allotting specific room numbers as part of us appreciating your individual preference as Somatheeram is known for its unique architecture and

version: 2023-12-01



## **Terms & Conditions**

- landscaping. However, doing so is a great operative challenge and we have to reserve the right to release specific room requests if found needed.
- h.) We are childfriendly, but our property is not child-proof and we are very restrictive in hosting children as the ayurvedic experience requires the proper setting for self-reflection. If needed children under the age of 9 years stay free of charge in the parents' room. Parents are responsible for the safety of their children.

#### **Cancellation Policies:**

The following cancelation fees apply:

- More than 90 days prior to arrival: one time cancellation fee of 125 USD
- 61 to 90 days prior to arrival: 25% of effective booking value.
- $\cdot$  30 to 60 days prior to arrival: 50% of effective booking value.
- Cancellation less than 30 days prior to arrival: IOO% of effective booking value.

In case of cancellation / non arrival ("no-show") due to force majeure, the resort is entitled to issue credit vouchers against future bookings. The resort is responsible only for refunds within its terms and responsibilities.

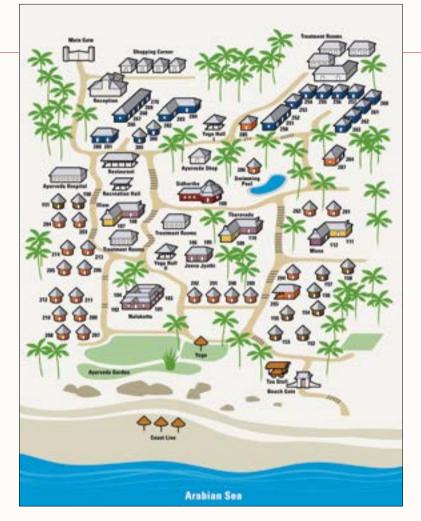
### This tariff applies to the regions:

Canada, China, Hong Kong, Israel, Japan, South Africa, United States and Afghanistan, Åland Islands, Algeria, American Samoa, Angola, Anguilla, Antigua and Barbuda, Argentina, Armenia, Aruba, Azerbaijan, Bahamas, Bahrain, Bangladesh, Barbados, Belize, Benin, Bermuda, Bhutan, Bolivia, Botswana, Brazil, British Indian Ocean Territory, British Virgin Islands, Brunei, Burkina Faso, Burundi, Cambodia, Cameroon, Cape Verde, Caribbean Netherlands, Cayman Islands, Central African Republic, Chad, Chile, Christmas Island, Cocos (Keeling) Islands, Colombia, Comoros, Congo, Congo (Republic). Cook Islands, Costa Rica, Côte d'Ivoire, Cuba, Curacao, Djibouti, Dominica, Dominican Republic, Ecuador, Egypt, El Salvador, Equatorial Guinea, Eritrea, Ethiopia, Falkland Islands, Fiji, French Guiana, French Polynesia, Gabon, Gambia, Georgia, Ghana, Grenada, Guadeloupe, Guam, Guatemala, Guinea, Guinea-Bissau, Guyana, Haiti, Honduras, Indonesia, Iran, Iraq, Jamaica, Jordan, Kazakhstan, Kenya, Kiribat, Kuwait, Kyrgyzstan, Laos, Lebanon, Lesotho, Liberia, Libya, Macau, Madagascar, Malawi, Malaysia, Maldives, Mali, Marshall Islands, Martinique, Mauritania, Mauritius, Mayotte, Mexico, Micronesia, Moldova, Mongolia, Montserrat, Morocco, Mozambique, Myanmar, Namibia, Nauru, Nepal, New Caledonia, New Zealand, Nicaragua, Niger, Nigeria, Niue, Norfolk Island, North Korea, Northern Mariana Islands, Oman, Palau, Palestine, Panama, Papua New Guinea, Paraguay, Peru, Philippines, Pitcairn Islands, Puerto Rico, Oatar, Réunion, Russia, Rwanda, Saint Barthélemy, Saint Helena, Saint Kitts and Nevis, Saint Lucia, Saint Martin, Saint Pierre and Miguelon, Saint Vincent and the Grenadines, Samoa, San Marino, São Tomé and Príncipe, Saudi Arabia, Senegal, Sevchelles, Sierra Leone, Singapore, Sint Maarten, Solomon Islands, Somalia, South Georgia & South Sandwich Islands, South Korea, South Sudan, Sri Lanka, Sudan, Suriname, Svalbard and Jan Mayen, Swaziland, Svria, Taiwan, Tajikistan, Tanzania, Thailand, Timor-Leste, Togo, Tokelau, Tonga, Trinidad and Tobago, Tunisia, Turkmenistan, Turks and Caicos Islands, Tuvalu, Uganda, United Arab Emirates, U.S. Minor Outlying Islands, U.S. Virgin Islands, Uruguay, Uzbekistan, Vanuatu, Venezuela, Vietnam, Wallis and Futuna, Western Sahara, Yemen, Zambia, Zimbabwe.

The validity of the whole of these terms of business is not affected if single regulations or clauses should be or should become inoperative. Instead, the inoperative regulation is replaced with a legally operative regulation that comes closest to the economic meaning of the inoperative regulation. Right of error reserved Quoted rates & information are not binding. The management may change the tariff without further notice.

All services are operated, rendered and managed by Somatheeram Ayurvedic Hospital & Yoga Centre Pvt. Ltd. Place of jurisdiction: Court of jurisdiction is Trivandrum, Kerala, India.

## **Resort map**



- Sidhartha Deluxe Suite
- Kerala Deluxe Suite
- Kerala Standard Unit
- Deluxe Cottages
- Special Cottages
- Standard Cottages



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