

Home Checklist

- ✦ Arrange for care of pet(s), lawn and house plants
- ✦ Stop routine deliveries (milk, newspapers, mail, etc.)
- ✦ Turn down thermostat
- ✦ Leave keys and itinerary with a friend/neighbour
- ✦ Eliminate possible fire hazards (unplug appliances, etc.)
- ✦ Inquire about any traffic jam/train delays on your airport routes
- ✦ Make your home seem lived-in while away by putting lights and a radio on timers
- ✦ Lock windows, garage and doors
- ✦ Empty refrigerator
- ✦ Book airport taxi/train ticket
- ✦ Store valuables in a safe place

Paperwork

- ✦ Passport/Personal Identification/Photocopies of Key documents
- ✦ Visa
- ✦ Transportation Tickets + Airline Card(s)/ Upgrades
- ✦ Sufficien amount of cash
- ✦ Credit cards
- ✦ Travelers checks
- ✦ Insurance: Trip Cancellation/Medical
- ✦ Special Event Reservations (art, popular festivals, sporting events)
- ✦ Address Book
- ✦ Travel Journal, pen

Baggage and Belongings

- ✦ Appropriate Laugage
- ✦ Luggage Locks & ID Tags
- ✦ Appropriate Clothing
- ✦ Swimming Costume
- ✦ Comfortable Footware
- ✦ Rain Protection
- ✦ Sunglasses
- ✦ Walkman/ipod + Earphones
- ✦ Playing Cards/Games
- ✦ Reading Materials
- ✦ Scarf/Bandanna
- ✦ Cap/Brimmed Hat or Visor
- ✦ Notebook, Mobile Phone + Charger

Maintenance Items

- ✦ Batteries for camera and flashlight
- ✦ Mini Sewing Kit (place in checked baggage)
- ✦ Ziplock Plastic Bags

Medication

- ✦ First Aid Kit
- ✦ Insect Repellent
- ✦ Contact Lens Preparation
- ✦ Personal Prescriptions

Toiletries

- ✦ Comb/Brush
- ✦ Toothbrush/Paste
- ✦ Dental Floss
- ✦ Shampoo
- ✦ Sunscreen, After-Sun Lotion
- ✦ Deodorant
- ✦ Lipbalm
- ✦ Shaving Cream
- ✦ Earplugs
- ✦ Personal Hygiene Items
- ✦ Lotions/Creams

Common Maintenance-, Medication-, and Toiletry-items will be available either at the Resort or at Trivandrum City.

Further points

- ✦
- ✦
- ✦
- ✦

Hotel Address:

Somatheeram Ayurvedic Health Resort - Chowara P. O., S of Kovalam, Trivandrum-695 501 Kerala, India
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